

Connections

Join other young adults as we meet **Saturday, March 6 at 6:00 p.m.** at IBC for a spaghetti and movie night.

Please contact Charlie and Deb Myers at costaricacharlie@hotmail.com or Andy and Grace MacLean at macleans5@yahoo.com

Reminder: Connections also meets every Sunday Morning at 9:45 a.m.

Clases de Inglés gratis! Cada sábado de 10:00 – 11:00 a.m.

Los maestros tienen los libros; adultos \$3,500 colones y niños \$2,500 colones. We very much need a teacher for Adults, Level 2. Prior teaching experience is not required, but regular attendance is vital. Please contact Carole Norwood at 2289-74-55 or by e-mail at carolenorwood@gmail.com for more information.

Fuel: Igniting New Life with God's story

is a dynamic DVD-driven curriculum designed to create a Bible study experience for students using intense drama, energetic teen hosts, and experienced youth leaders
Ages 12-18
Sundays at 9:45 a.m.

International Day Sunday, March 21

In both services, we will celebrate our cultural diversity at IBC.

Everyone come dressed in your native attire.

Spaghetti Luncheon and/or Take out On the same day, after both services you may purchase a spaghetti lunch.

If you would like to use a service for your contribution to IBC, in order to receive a U.S. tax receipt, contact Gustavo Ugarte at ugarte.gustavo@gmail.com

Report from February 21, 2010

Worship Attendance 396
Bible Study 181

February 28, 2010

Call to Worship

Welcome

Praise & Worship

Prayer

Love for a lifetime

Responding to God

Worship through Giving

Closing Song

A Fresh Look at the 10 Commandments

The 10 Commandments are not irrelevant rules given thousands of years ago. Instead they are God's way to add freedom and protection to our lifestyles and to our relationships with Him, our families, and our communities. These 10 unchanging essentials are practical to our lives in 2010.



Jan 17	Only God	1 st commandment
Jan 24	Don't settle for shadows	2 nd commandment
Jan 31	Turning profanity into praise	3 rd commandment
Feb 7	Recharge your batteries	4 th commandment
Feb 14	Fulfill the cycle of love	5 th commandment
Feb 21	Destroying the killer within	6 th commandment
Feb 28	Love for a lifetime	7 th commandment
Mar 7	Acquire by the rules	8 th commandment
Mar 14	The truth, the whole truth and nothing but the truth	9 th commandment
Mar 21	A passion to possess	10 th commandment

Love for a lifetime

Exodus 20:14

A biblical perspective on sex

Genesis 1:27-28a, 31; 2:18-25

1. God created _____.
2. God says sex is _____.
3. God placed _____ on sex.

A biblical perspective on adultery

1. Adultery is _____.
2. There is more than one _____ to _____ adultery.
 - _____
 - _____
 - _____

Affair proofing your marriage

1. Love and fear _____.
2. Be _____ to others.
3. Be aware of tempting _____, _____ and _____.
4. Nurture your _____.