

Here are several small groups and Bible Studies designed to help you grow!

**Cults & World Religions** Wednesdays @ 6:30 p.m. at IBC room 201  
**Boundaries (Ladies Bible Study)**

Wednesdays @ 6:30 p.m. at IBC room 202

**Masterlife: The Disciple's Victory (Men's Bible Study)**

Saturdays @ 8:30 a.m. at IBC room 208

**Breaking Free (Ladies Bible Study)**

Wednesdays @ 9:00 a.m. at Zamora Estates in Santa Ana

Wednesdays @ 6:30 p.m. at IBC room 209

Sundays @ 9:30 a.m. at IBC room 209 (early time)

**Connections (Single Adults Class)**

Sundays @ 9:45 a.m. at IBC room 202

**Sovereignty of God** Sundays @ 9:45 a.m. at IBC room 101

**Couples Class** Sundays @ 9:45 a.m. at IBC room 204

**Men's Bible Study** Sundays @ 9:45 a.m. at IBC room 207

**Estudio Bíblico en Español**

Domingos a las 9:45 a.m. en IBC salón 201

**Ladies' Valentines Tea** Sat. Feb.13, 3:00pm @ IBC

C 5,000 per person *Prepaid and non-refundable*

Contact Jessie Oliver at 8359-6601 or [younglifecostarica@gmail.com](mailto:younglifecostarica@gmail.com)

### A Gift from the Heart Valentine's Day

Sun, Feb 14 at 5:00 p.m. at Zamora Estate in Santa Ana

Women's Ministry will be hosting an evening of dinner and entertainment and all proceeds will go to the Haiti Earthquake Relief.

The cost per person is \$25. Register today!

Deadline is Feb 10.

### Women's Retreat

**My Journey What's next Lord?**

**April 23, 24, 25, 2010**

Jeremiah 29:11

If you would like to use a service for your contribution to IBC, in order to receive a U.S. tax receipt, contact Gustavo Ugarte at [ugarte.gustavo@gmail.com](mailto:ugarte.gustavo@gmail.com)

### Report from January 24, 2009

Worship Attendance 365  
Bible Study 158

January 31, 2010

Call to Worship

Welcome

Praise & Worship

Prayer

### Turning profanity into praise

Responding to God

Worship through Giving

Closing Song

### A Fresh Look at the 10 Commandments

The 10 Commandments are not irrelevant rules given thousands of years ago. Instead they are God's way to add freedom and protection to our lifestyles and to our relationships with Him, our families, and our communities. These 10 unchanging essentials are practical to our lives in 2010.



Jan 17	Only God	1 <sup>st</sup> commandment
Jan 24	Don't settle for shadows	2 <sup>nd</sup> commandment
Jan 31	Turning profanity into praise	3 <sup>rd</sup> commandment
Feb 7	Recharge your batteries	4 <sup>th</sup> commandment
Feb 14	Fulfill the cycle of love	5 <sup>th</sup> commandment
Feb 21	Destroying the killer within	6 <sup>th</sup> commandment
Feb 28	Love for a lifetime	7 <sup>th</sup> commandment
Mar 7	Acquire by the rules	8 <sup>th</sup> commandment
Mar 14	The truth, the whole truth and nothing but the truth	9 <sup>th</sup> commandment
Mar 21	A passion to possess	10 <sup>th</sup> commandment

### Turning profanity into praise

*Exodus 20:7*

How do we break the 3<sup>rd</sup> command?

1. When we use God's name \_\_\_\_\_.
2. When we use God's name \_\_\_\_\_.
3. When we use God's name \_\_\_\_\_.

Who breaks the 3<sup>rd</sup> command?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Turning profanity into praise

1. Speak God's name \_\_\_\_\_ . *Matthew 6:9*
2. Guard our hearts \_\_\_\_\_ . *Matthew 10:34-37*
3. Use our speech \_\_\_\_\_ . *Eph. 4:29, 5:4*